

A decorative border of various colorful flowers and green leaves surrounds the central text. The flowers include blue daisies, orange and yellow sunflowers, and purple blossoms. The leaves are green and elongated.

NSA GBM

02/09

Please take a flower, and fill it out with your
goals lovelies :)

President: Sophia Espaillet - sme81@pitt.edu

Yayy finally in person!

NSNA Grad Cords (\$10)

- Payments due 2/23, will be ordering by end of month :)
- [Order here!](#)

NSA Feedback Form



Vice President: Ally Vicks - alv112@pitt.edu

Fill out any of the following forms for the Stethoscoop! (5pts)

- [Student spotlight](#)
- [Pet of the week](#)
- [Nursing meme](#)

Interested in writing an article for the Stethoscoop? (10pts)

- [Submit it HERE](#)

[NSA Website](#)



Board bonding!



Student Spotlight:

Gianna Santilli

Gianna is such an amazing friend! She is always looking out for everyone, and is such a kind soul. She is so fun to be around and she is going to be a wonderful nurse!



Professional Development: Nolan Blaze - nmb163@pitt.edu

- Literary Discussion with Dr. Antoine Douaihy (10 pts)
 - Tues, February 24th
 - 7:30 pm in VIC 129
 - Great event and collaboration with SON
- Career Closet
 - Service that provides styling advice for professional attire for interviews, internships etc.
- LEAD and NSNA decisions will be coming out this week so stay tuned
- Spring PD Feedback Form



Business Manager: Sarah Weisbeck - sew186@pitt.edu

Spring Dues!!

- Only for new members / if you paid dues last Jan
- \$15 cash or check (made out to the University of Pittsburgh)
- Fill out [this form](#) before turning in your dues :)

If you need to turn in your dues, fill out [this form](#) to find a time to meet with me

NSNA Grad Cords!

- \$10
- Dues will be collected on 2/23

[SON Undergraduate
Scholarship Application](#)



[Financial Feedback Form](#)



Secretary: Alexandra Stringe - ams1312@pitt.edu

- All points are currently updated as of this morning!
- Need 100 points to a semester to be an active member.
 - Points do not carry over from semesters
 - 10 points per GBM
 - 5 if you can't attend and watch the video
 - Make sure to fill out the attendance form for event points!
- Reach out if you have any questions or are not getting emails :)



Most Important Links:

Secretary Links	Connect with NSA
<u>Event Attendance Form:</u> For ANYTHING done to earn points (events, activities, etc.) Link: <u>Event Attendance</u>	<u>Email:</u> send us any questions, comments, or concerns you have throughout the semester to <u>pittnsa@gmail.com</u>
<u>Attendance Spreadsheet:</u> view to track how many points you have earned toward membership Link: <u>Points</u>	<u>Instagram:</u> meeting reminders, event updates and pictures, and more can all be found on @pittnsa
	<u>Website:</u> NSA master calendar, important links, student spotlights and more are all available at <u>https://pittnsa.wixsite.com/pitt</u>

Social: Maddy Turk - mmt105@pitt.edu

- Fill out your GOALS on your flower for NSAs Garden of Goats.
- Sip and Social was great!
 - Thanks to everyone who came! :)
 - Make sure to log your points
- Zumba Collab with Natalie (10 points)
 - [Interest form here!](#)
 - Please fill out by 2/15
- First Social Committee Meeting after GBM!
- [Social Event Ideas](#)
- [Social Committee](#)

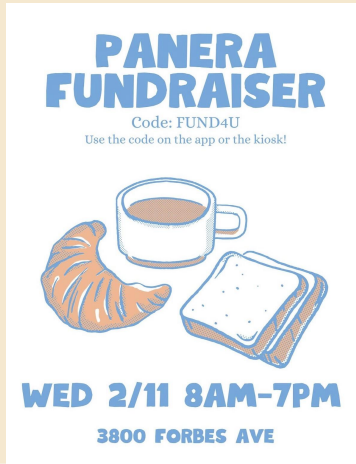


Fundraising: Emily Schwoyer -

egs98@pitt.edu

- Panera Fundraiser - THIS WEDNESDAY!!
 - Wed 2/11 8am-7pm
 - Code: FUND4U
 - Use the code on the app or the kiosk
 - 3800 Forbes Ave

10 points :)



Mental Health: Natalie Golden -

nrg68@pitt.edu

- Valentine's Self Love Night!! (10pts)
 - Movie: How to Lose a Guy in 10 Days!!
 - coloring, candy, popcorn
 - Wednesday 2/11 @ 7:30pm VIC room 125
 - [sign up here!](#)
- Zumba Collab with Maddy (10 points)
 - [Interest Form](#)
- [Comprehensive Resource List](#)
 - Email me a new resource (5pts)
- [Join the Mental Health Committee!](#)
 - Sending out 1st meeting info soon!



Stress Relief Tip #2

Set aside time for yourself, taking care of yourself is as important as taking care of others!



Service: Jane Gurney - jng79@pitt.edu

- Always collecting pop tabs for RMDH (10 pts)
- Valentines for Veterans tomorrow (2/10 @7 Vic 122)- 10 pts
- Service event idea form!! <https://forms.gle/ZtNTZyMi5GnsAL3U9>



Academics: Lucia King - ljlk76@pitt.edu

- Join the research committee group me!
 - First meeting: 2/12 6pm - Victoria
- Tutoring sign up - tutors get 10 pts per meeting
 - Good way to meet other members and refresh from previous classes!
- Add to the study resources document
- Study session: 2/18 Victoria 6:30 (10 pts)
- Clinical Management Office is looking for students to participate in an EXXAT focus group to provide feedback - late February. 10 pts
- Feedback form



Health Promotion: Abbey Padden - ahp40@pitt.edu

- Narcan Training Event! (10 pts)
 - After the February 23rd GBM, bring your laptops!
- Medical Brigades Club Event (10 pts)
 - BLS and VS workshop, discussion about caring for Spanish speaking patients
 - February 22nd
- Blood Drive Sign Up (10 pts)
 - February 26th in Victoria Lobby
- AFSP Walk Interest Form
 - April 11th
- Formal...



A Night In Paris

March 28th, 2026

8-10pm

WPU Dining Room A

Tickets on sale at the next GBM



DEI: Irene Kim - irk47@pitt.edu

Welcome to first in person GBM :)

- **HAPPY BLACK HISTORY MONTH!!!**
 - Stay after the next GBM for a presentation (10 points)
- **March - Women's History month**
 - Collab event - details TBD
- [Join DEI Committee!](#)
- [DEI Feedback Form!](#)



Thanks For Coming!

