

# THE NSA STETHOSCOOP

THE WEEKLY PITT NURSING STUDENT NEWSLETTER

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Test your knowledge and try out our weekly NCLEX question!

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NSA highlights a student each week, help us recognize them!

### PET OF THE WEEK

Check out a member of Pitt NSA's super cute pets!

### IMPORTANT LINKS

Find links to event attendance forms, interest forms, committees, and submissions for our next newsletter!

### MEME OF THE WEEK

**Pitt NSA has a website!**  
Check it out [HERE!](#)

Explore our website to meet the board, reference old Stethoscopes and GBM slides, see what's next on our calendar, and find any important links!

**General feedback form**  
[HERE!](#)

Fill out this form to leave any comments or ideas about NSA so we can better serve you.

**Financial feedback form**  
[HERE!](#)

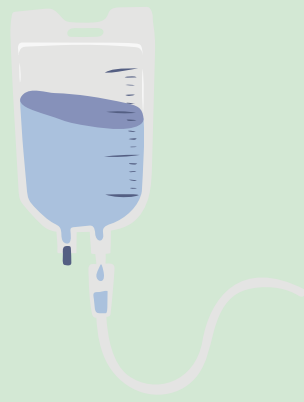
Fill out this form for any financial questions or concerns that we can help you with. This can be anonymous if you wish.

**Academic feedback form**  
[HERE!!](#)

Use this form to share ideas with our new academic chair! If you have any academic concerns, we can also help find you resources.



## NCLEX Question of the Week



**The nurse with postpartum care experience gets reassigned to a medical-surgical care area. Which client will the charge nurse assign to the postpartum care nurse?**

- A. Client with signs of facial trauma after experiencing a motor vehicle crash.
- B. Client diagnosed with heatstroke.
- C. Client having a systemic reaction to latex.
- D. Client diagnosed with progressive systemic sclerosis and experiencing Raynaud phenomenon.

**Want to be more involved in NSA leadership? Join a committee through the links below! (10 points for joining)**

[Social Committee](#)  
[DEI Committee](#)  
[Research Committee](#)  
[Mental Health Committee](#)  
[Formal Planning Committee](#)

**Are you interested in providing feedback on EXXAT? The Clinical Management Office is looking for participants for a focus group to be held in late February. Email [LJK76@pitt.edu](mailto:LJK76@pitt.edu) if interested! 10pts for attending**



## **Student Spotlight: Stephanie Adamousky**



Steph works so hard for clinical, studying for OB/peds, and working as a PCT at Childrens! She truly is a superstar and is my inspiration to be a better student and nurse in the future <3

**For new members or those who paid last spring, it's time to pay dues!**

**Fill out this form before payment \$15 cash or check (made out to the University of Pittsburgh)**

**If you need to turn in your dues, fill out this form to find a time to meet with Sarah**

**NSA is planning a Zumba class at the rec center together! Let us know if you're interested HERE!**





## Meme of the week!



When the professor says  
SATA are not partial credit

**What do you use to study?  
Add it HERE to help us form  
a list of reliable study  
resources!**

**If you are interested in  
being a tutor or  
finding one, sign up  
HERE!  
Tutors will get ten points!**

## Pet of the Week



**Darwin!**  
Yellow lab

### Seniors! We have Grad Cords!

NSNA Grad Cords are \$10  
Payments are due 2/23  
We will be ordering at the end  
of the month!

[Order here!](#)

### Blood Drive Sign Up

**February 26th in Victoria  
Lobby  
10 pts**

### Medical Brigades Club Event

Fill out the form above if you  
would like to participate in a  
BLS and VS workshop! There  
will be discussion about caring  
for Spanish speaking patients

When? February 22nd  
10 pts for attending

## NCLEX Answer:

**Client diagnosed with progressive systemic sclerosis and experiencing Raynaud phenomenon. (Correct Answer)**

Progressive systemic sclerosis is a chronic connective tissue disease that causes inflammation, fibrosis, and sclerosis of the skin and vital organs. This is a stable client with predictable outcomes and who can be assigned the nurse with postpartum care experience.

### Important links and ways to contact us:

#### Website

Instagram: @pittnsa

Email: [pittnsa@gmail.com](mailto:pittnsa@gmail.com)

Fill out the form below to earn points for attending events or submitting something to the Stethoscoop!

#### Event Attendance Form



Have a happy week!  
With love, Pitt NSA

